

Join Us for the 4th Annual
VEGAN THANKSGIVING
PEACEFUL POTLUCK

Sponsored by **EVEN**
(Eugene Veg Education Network)

WHEN: Sunday, November 23, 2008, 2 PM

WHERE: Lane Community College – Center Building -
North End of Food Court (Cafeteria) –
4000 E. 30th Av., Eugene – **free parking**
MUSIC BY ERIC!

Directions:

<http://www.lanecc.edu/mpr/locations/mc.htm>

Bring: Your favorite **VEGAN*** dish (with an ingredients list), enough to serve at least 6 people.

Note – The best rule of thumb, so that there is enough food for everyone, is to **bring more food than you and your party will eat**. Please bring a serving utensil and a complete place setting for each person in your party. **Only the dish (not the guest!) needs to be vegan.** ☺

***VEGAN – no animal products = no animal flesh (beef, pork, poultry or fish), no eggs, no dairy (cheese, milk, yogurt, sour cream) and no honey.**

*Please join us on this special and joyful occasion to
celebrate in the true spirit of Thanksgiving---
with peace, compassion, and reverence for all life.*

The Eugene Veg Education Network is an official 501(c)(3) non-profit based in Eugene serving as a resource for those seeking information on a **healthful, vegan** lifestyle. EVEN's emphasis is one of **non-violence, compassion and sustainability**. Focus is on the **interconnectedness of all life** and how a plant-based diet benefits the earth, non-human animals, and the individual. EVEN's Mission Statement is to **inform, educate and encourage our members**---as well as the larger community--- by providing access to pertinent information on veganism and its positive impact on the health of the planet and all its inhabitants. EVEN offers a free presentation the 1st Monday of every month (except holidays) at 7pm at various locations. Contact EVEN at [541-343-8055](tel:541-343-8055) or www.eugeneveg.org **Peace.**

NOTE: School rules – Sorry, no alcohol permitted.